

 Step up September Breakfast 2022

Choice of milk

1% white or skim

"This institution is an equal opportunity provider."

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Monday** | **Tuesday** | ***Wednesday*** | **Thursday** | **Friday** |
|  |  |  | 1Cinnamon RollFruit Bar100% Fruit Juice | 2Zucchini BreadFruit Bar100% Fruit Juice |
| 5Holiday | 6Breakfast Burrito with SalsaSalsaFruit Punch JuiceFresh OrangesSour Cream | 7Pancakes, WG, 1 eachFruit Punch JuiceCantaloupeBreakfast Syrup | 8Wild Blueberry Muffin WGFruit Punch JuiceHoneydew ChunksGo-gurt | 9Strawberry Peach ParfaitFruit Punch JuiceString Cheese |
| 12Frosted Flakes cereal100% Fruit JuiceMixed Fruit | 13Breakfast TacoSalsa100% Fruit JuiceCantaloupe | 14Cinnamon Glazed French Toast100% Fruit JuiceHoneydew ChunksFruit BarBreakfast Syrup | 15Chocolate Chip 100% Fruit JuiceFruit BarString Cheese | 16CheeriosFruit Loop Bowl Pack100% Fruit JuiceFruit BarGo-gurt |
| 19Egg and Cheese Breakfast Sandwich100% Fruit JuiceFresh Apple Slices | 20Cinnamon Glazed French Toast100% Fruit JuiceFresh Oranges | 21Donut Holes100% Fruit JuiceCantaloupeString Cheese | 22WG Bagel w/ Cream Cheese100% Fruit JuiceAssorted Fresh Melon Bowl | 23Yogurt Parfait SC-Greenville Co.100% Fruit JuiceAssorted Fresh Melon Bowl |
| 26Fall Break | 27Fall Break | 28Fall Break | 29Fall Break | 30Fall Break |